



2820 Bushnell Place, North Vancouver,
BC, V7J 2Y8 Office: 778 340 3091
WWW.INTERFIT.CA

Riders Release of Liability, Waiver of Claims, Assumptions of Risks and Indemnity

By signing this document, you will have waived certain legal rights including the right to sue. Please Read Carefully!

Please print, complete and email to info@interfit.ca or return to hike leader on your hike.

To: **The Integrated Fitness Society.**

Assumption of Risks:

I am aware that hiking including receiving instruction, assistance and/ or lessons, involves many inherent risks dangers and hazards, including but not limited to, transferring in and out of the ORC or Trailrider, weather conditions, trail conditions, objects or equipment used in connection with InterFit and the instruction thereof, the failure to follow safety procedures or hike within ones own ability or within designated areas, negligence on the part of The Integrated Fitness Society, its members, directors, officers, volunteers, agents, representatives, employees, and assigns. I freely accept and fully assume all such risks, dangers and hazards and the possibility of personal injury, death, property damage or loss, resulting there from.

Release of Liability, Waiver of claims, and Indemnity:

In consideration of THE INTEGRATED FITNESS SOCIETY ACCEPTING MY APPLICATION to participate in the North Shore Adapted Hiking Initiative and permitting me to use the ORC or the Trailrider, equipment and other facilities including but not limited to receiving instruction, and assistance I hereby agree as follows:

1. TO WAIVE ANY AND ALL CLAIMS: that I have or may have in the future against THE INTEGRATED FITNESS SOCIETY, its members, directors, volunteers, officers, agents, representatives, employees and assigns (collectively all the "Releases");
2. TO REALEASE THE REALEASEES from any and all liability for any loss, damage, injury or expense that I may suffer, or that my next of kin may suffer, as a result of my use or presence at the Outdoor Recreation Program due to any cause whatsoever, INCLUDING NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR R.S.B.C, 1979, C 303, AS AMENDED, ON THE PART OF THE REALEASEES;
3. TO HOLD HARMLESS AND INDEMNIFY THE REALEASEES from and liability for any damage to property of, or personal injury to, any third party, resulting from any use of or presence on InterFit hikes and events. By entering this agreement, I am not relying upon any oral or written representations or statements made by the releases other than what is set forth in this agreement.

I have read and understood this agreement and I am aware that by signing this agreement I am waving certain legal rights which I or my heirs, next of kin, executors, administrators and assigns may have against the releases.

**** Note: A parent, guardian, and/ or the trustee, committee must also read this form and sign below if the participant is under 19 years of age and/ or the participant has a legal representative (i.e. trustee, committee) appointed on his or behalf.**

Date _____

Participant Signature _____

Print Name: _____

Parent or Guardian _____

Print Name: _____

Witness _____

Print Name: _____